



*SOAR to new heights at Botelle School ~ Show self-control, Offer kindness & respect, Achieve your goals & be Ready to learn!*

## February 2, 2024 Newsletter

### IMPORTANT DATES



2/5	PTO Meeting - @5:00PM - <b>in room #139 (Classroom closest to the Hall of Flags)**</b>
2/6	Board of Education Meeting - 6:00PM - Room #211
2/11	Uprooting Addiction Film - 4:00 - 6:00 - Batelle Chapel
2/13	Hour with Administrators - 12:00 - 1:00 @Berkshire Country Store
2/13	Hour with Administrators - 5:30 - 6:30 @Botelle
2/16	Early Dismissal - 1:00PM - Teacher PD
2/19	No School - Presidents' Day
2/20	Board of Education Meeting - 6:00PM - Room #211
2/23	Roaring Brook Nature Center - here - presentations in classrooms
2/24	Farmer's Market at Botelle - Hall of Flags - 10:00AM - 2:00PM
3 /4	PTO Meeting - @5:00PM - <b>in room #139 (Classroom closest to the Hall of Flags)**</b>

### KID'S HEART CHALLENGE - FEBRUARY 14TH

Mr. T-K & Botelle School have teamed up with the American Heart Association for our 2024 Kids Heart Challenge (KHC) campaign. Registration is free and fundraising is easy and fun for your child. The more money students raise, the more thank-you gifts they will earn, and most importantly the more money we will raise for the American Heart Association. The Kid's Heart Challenge is not just a fundraiser, it is an educational opportunity for our students to learn about healthy living habits and the importance of helping others in need. Click on the following link to register, if you haven't already done so!

- Click to Register: [Botelle School Web Page](#)

On Wednesday, February 14th your child and all staff are encouraged to **WEAR RED** in support of the American Heart Association. During PE classes on February 14th, the students will navigate through Heart Healthy Stations set up by Mr. T-K.

## **WINSTED YMCA FAMILY NIGHT**

Friday, February 16th from 6PM - 8PM join the Winsted Y for a family winter movie followed by an indoor snowball fight! Parents must stay with their children - no drop offs are permitted. Register online - [nwcty.org](http://nwcty.org), \$5.00 per person.. Please see attached flyer.

## **SHARED SERVICES INTEGRATED PRESCHOOL PROGRAM (SSIPP)**

The SSIPP is an integrated preschool program serving the needs of children ages 3 to 5 in the towns of Barkhamsted, Colebrook, Hartland and Norfolk. The program is located at the Barkhamsted School and follows the Barkhamsted School calendar.

A screening is being offered on March 21 and March 22, 2024, for parents who have concerns regarding their child's development. The screening process helps to identify children who may need intervention to perform successfully in school. Identified children will qualify to become a participant in the Shared Services Preschool Program.

Parents who are interested in having their child attend Shared Services Integrated Preschool Program as a role model must submit their child's name at this time as well. In the event that there are more role model applicants than slots, a lottery will be held.

To be eligible for the program, children must live in Barkhamsted, Colebrook, Hartland, or Norfolk; be age 3 by September 1; and must have attended the screening. The lottery will be held the week following the screening and parents will be notified of lottery results.

Please call the Preschool Program, before 9 a.m. or after 3 p.m. at 860-379-2729 ext. 7 to schedule a screening for your child.

## **CHESS ANYONE?**

Students of all ages are welcome to drop in for a fun hour of chess with chess lover, Gary Scheft, at the Norfolk Library. On 2/15 and 2/22, Gary will teach students to play or help them improve their game. Botelle will provide transportation to the library, just send in a note with your child. Parent pick up is 4:45. If there is interest, Gary will plan additional dates.

## **PRINCIPAL'S CORNER**

Last Friday Chrystal from Be Well Yoga in Canaan visited Botelle as part of Mental Health Awareness Month. Our students have been learning about Mindful Moments all year with Ms. Buono and Ms. Melissa and at the assembly, they had the opportunity to put their mindfulness skills into practice. We experienced a sound bath meditation. Chrystal played different sounds using bowls, gongs, and rain sticks while we let the waves of music relax our body and mind. The students' feedback was very positive. Many asked if we could do it again! It is important for all of us, in this busy world we live in, to take a moment and relax. It was wonderful to see our students enjoy this experience. Thank you to the PTO for sponsoring this. We appreciate your generosity!

In February, we are building on the focus of mindfulness, by exploring growth mindset. Growth mindset is the belief that we can improve a skill through determination and practice. Mrs. Dubecky refers to this as a "rainbow brain" and she encourages students, when they are in the makerspace, to use their rainbow brain to solve problems and learn from their mistakes. A growth mindset helps

develop resilience and determination, even when something is hard. This is important because we ask our students to do hard things. We teach them, and help them until they can do that new hard thing all by themselves. This month, Student Council and staff will support students' understanding and application of growth mindset. We can all use a few rainbows in the middle of winter!