

Botelle School Local School Wellness Policy Triennial Assessment Report

The Triennial Assessment for Botelle School Wellness Policy was recently completed. Our district is fully in compliance with all the federal requirements that regulate nutrition standards the National School Lunch Program. We also comply with most standards for competitive foods and beverages.

We identified through our assessment that our nutrition education curriculum may not be fully developed to provide skills that are behavior focused and participatory and promote wellness. Our curriculum team will access if we have the resources to correct this during the 2022 – 2023 school year.

We will also focus on encouraging a varied group of stakeholders to participate in our Wellness Policy development and implementation and improve how our revised Wellness Policy is made available to the public.

We identified through our assessment that there are many areas where we are fully implementing wellness practices in our schools that are either (a) not mentioned in our wellness policy, or (b) are only vaguely mentioned in our policy. One of these items is a federal requirement, we will add to our policy how we handle feeding children with unpaid meal balances without stigmatizing them. Our wellness policy will be updated during the 2022-2023 school year to address the needed changes. We will draft new language and present it before the Board of Education for a vote.

Overall, our LSWP compared favorably to the model policies as measured by the WellSAT 3.0. However, there are several best practices that we have not yet implemented in our practices or written in our policy. These include addressing fundraising through food sales during the school day, regulating food and beverages served during classroom celebrations and activating a district level wellness committee.

Our administration will consider the recommended best practices and determine whether we have the resources and support to take on one of these goals for the 2022-2023 school year.